**Mh,uih 2**-**0 Mh,uih vkSj ppkZ ds fcanq**

Hkkjr esa 707 ftyksa ds fy;s ftyk iks"k.k izksQkby ¼Mh,uih½ miyC/k gSA os iks"k.k vkSj LokLF; ds ifj.kkeksa esa le; ds lkFk vk, cnyko dks izLrqr djrs gSaA

Mh,uih jk"Vªh; ifjokj LokLF; losZ{k.k ¼,u,Q,p,l½&4 ¼2015&2016½s vkSj ¼,u,Q,p,l½ &5¼2019&2020½ d MsVk ij vk/kkfjr gSA

**cky dqiks"k.k fdu dkj.kksa ls gksrk gSS \**

Hkkjr esa] cky dqiks"k.k ds Lrj dks ns[krs gq, jk"Vªh; iks"k.k fe'ku LFkkfir fd;k x;k gS] Mh,uih cky dqiks"k.k ds fu/kkZjdksa ij dsfUnzr gS ¼fp+=k nkabZ vksj½A ftyk Lrj ij fn[k jgs iks"k.k ds ifj.kke] cky dqiks"k.k ,oa fodkl ds fofHkUu fu/kkZjdks ij vk/kkfjr gksrk gSA iks"k.k ,oa LokLF; gLr{ksiksa }kjk bu fu/kkZjdks esa cnyko yk;k tk ldrk gSA fu/kkZjdaks esa Hkkstu dh deh ls vkbZ uotkrksa vkSj NksVs cPpksa ds LokLF; ,oa ns[kHkky esa deh 'kkfey gS] fo'ks"kdj thou ds izkjafHkd nks o"kksZa esa A iks"k.k&fof'k"V gLr{ksi tSls xHkZoLFkk ds nkSjku ,oa cpiu esa LokLF; lsok,a miyC/k gksuk rRdkfyd fu/kkZjdksa dks izHkkfor dj ldrs gaSA iks"k.k ds vk/kkjHkwr vkSj cqfu;knh fu/kkZjdkas esa efgykvksa dh fLFkfr ?kjsyw [kkn~~; lqj{kk&LoPNrk vkSj lkekftd&vkfFkZd fLFfr 'kkfey gSA iks"k.k&laosny'khy gLr{ksi] tSls lkekftd lqj{kk] LoPNrk dk;Zdze] efgyk l'kfDrdj.k vksSj d`f"k dk;Zdze vk/kkjHkwr vkSj cqfu;knh fu/kkZjdksa esa lq/kkj ykus dh {kerk j[krs gSA

**ppkZ ds laHkkfor facanq**

**iks"k.k ds ifj.kke ¼ist 1] [k.M 1] cPps½**

ikap lky ls de mez ds cPpksa esa LVafVxa@ckSukiu] osfLaVx@vi{k;] vYiotu vkSj ,uhfe;k@[kqu dh deh ds lanHkZ esa ftys dk iznZ'ku dSlk gS\

* 5 lky ls de mez ds cPpksa esa vf/kd otu @eksVkis is ftys dk iznZ'ku dSlk gS\

**iks"k.k ds ifj.kke ¼ist 1] [k.M 2] efgyk,sa½**

* ftys esa de otu vkSj ,uhfe;k @[kwu dh deh ¼efgyk,sa ¼15&49 o"kZ½ ½ esa D;k cnyko vk;k gS \
* ftys esa vf/kd otu @eksVkik vkSj vU; iks"k.k laca/kh xSj ladzked jksxksa dk D;k Lrj gS \

**rRdkfyd fu/kkZjd%&**

* f'k'kq vkSj NksVs cPPkksa ds [kku iku ¼tUe ds 1 ?kaVs ds Hkhrj eka dk nw/k nsuk 'kq# djuk] igys 6 eghus dsoy eka dk nw/k vkSj 6 eghus dh vk;q is iwjd vkgkj 'kq# djuk½ dk D;k Lrj gS \ f'k'kq vkSj NksVs cPPkksa ds vkgkj esa lq/kkj ds fy, fdu iz;klksa dh vko';drk gS \
* ftys esa xHkZorh efgykvksa esa vk;ju QkWfyd ,flM xksyh [kkus dk dk D;k Lrj gS \ bu xksfy;ksa dh [kir esa lq/kkj dSls fd;k tk ldrk gS\
* vkgkj vkSj @;k vU; fu/kkZjdksa dks le>us ds fy, fdl vfrfjDr MsVk dh vko';drk gS\

vk/kkjHkwr **fu/kkZjd%&**

* ftyksa esa efgykvksa dh lk{kjrk dSls c<+k;k tk ldrk gS] vkSj de mez esa fookg dks dSls de fd;k tk ldrk gS\
* ftys esa ftys okfl;ksa ds csgrj is;ty vkSj 'kkSpky;ksa ds miyC/krk dk D;k Lrj gS? iks"k.k ifj.kkeksa ds lq/kkj esa LoPNrk dh egRoiw.kZ Hkwfedk gaSs] LoPNrk ds lHkh igyqvkssa esa dSls lq/kkj fd;k tk ldrk gS\
* vk/kkjHkwr vkSj cqfu;knh fu/kkZjdksa ¼f'k{kk] xjhch] efgyk l'kfDrdj.k½ esa lq/kkj djus ds fy, py jgs dk;Zdzeksa dks vkSj dSls csgrj fd;k tk ldrk gS\
* [kkn~; iz.kkyh] xjhch ;k vU; vk/kkjHkwr fu/kkZjdksa dks le>kus ds fy, fdl izdkj ds vfrfjDr MsVk dh vko';drk gS\

**iks"k.k fof'k"V gLr{ksi%&**

* xHkkZoLFkk ls ysds cPPks ds 2 lky dh mez rd ds fy, t#jh LokLF; vkSj iks"k.k laca/kh gLr{skiksa ij ftys dk iznZ'ku dSlk gS\ D;k ftys esa iztuu vk;q dh efgykvksaas] xHkZorh efgykvksa] ubZ ekrkvksa vkSj uotkr f'k'kqvksa dks izlo iwoZ vkSj izloksÙkj nksuksa lsok,sa i;kZIr #i ls iznku gks jgha gS\
* le; ds lkFk LokLF; vkSj vkbZlhMh,l lsokvks aesa fdl izdkj dk cnyko vk;k gS? ¼iks"kkgkj/ Vh,pvkj, LokLF; vkSj iks"k.k f'k{kk rFkk LokLF; tkWp)

**ladsrd lwph**

|  |  |
| --- | --- |
| **Lkadsrd** |  |
| ftyk tulaf[;dh izksQkby] 2020 |  |
| dqy tula[;k dk fyaxkuqikr ¼izfr 1]000 iq#"kksa ij efgyk,sa½ |  |
| iztuu vk;q dh efgykvksa dh la[;k ¼15&49 o"kZ½ |  |
| xHkZorh efgykvksa dh la[;k ftudk ,,ulh iathdj.k fd;k x;k Fkk |  |
| laLFkkxr izlo dh la[;k |  |
| 5 o"kZ ls de vk;q ds cPpksa dh la[;k |  |
| thfor tUeksa dh la[;k |  |
| cPpksa esa iks"k.k ds ifj.kkeksa dh fLFkfr ¼<5 o"kZ ½ |  |
| LVafVxa@ckSukiu  ¼5 o"kZ ls de vk;q ds cPpksa esa½ |  |
| osfLaVx @vi{k;rk]¼5 o"kZ ls de vk;q ds cPpksa esa½ |  |
| mez ds fglkc ls de otu  ¼5 o"kZ ls de vk;q ds cPpksa esa½ |  |
| [kwu dh deh@jDrkYirk  ¼5 o"kZ ls de vk;q ds cPpksa esa½ |  |
| tUe ds le; de otu ¼< 2500xzke½ |  |
| xeaHkhj vi{k;rk ¼5 o"kZ ls de vk;q ds cPpksa esa½ |  |
| vf/kd otu  ¼5 o"kZ ls de vk;q ds cPpksa esa½ |  |
| efgykvksa dh iks"k.k dh fLFkfr ¼15&49 o"kZ½ |  |
| ,uhfe;k ¼xSj&xHkZorh½ |  |
| ,uhfe;k ¼xHkZorh½ |  |
| ,uhfe;k ¼iztuu vk;q½ |  |
| vf/kd otu@eksVkik |  |
| de otu ¼ch,evkb< 18.5fdxzk@,e2½ |  |
| mPp jDrpki |  |
| mPp jDr'kdZjk |  |
| rRdkfyd fu/kkZjd |  |
| 2 lky dh mez rd eka dk nw/k fiykuk |  |
| tUe ds 1 ?kaVs ds Hkhrj eka dk nw/k nsuk |  |
| f'k'kq dks 6 efguksa rd flQZ eka dk nw/k nsuk |  |
| le; ij iwjd vkgkj dh 'kq#vkr djuk |  |
| i;kZIr vkgkj |  |
| vkgkj esa fofo/krk |  |
| U;wure Hkkstu vko``fr |  |
| 6&23 eghus ds cPpksaa esa vaMs vkSj @;k ekal [kkn~~; iznkFkkZsa dk lsou |  |
| 6&23 eghus ds cPpksaa esa ehBs is; dk lsou |  |
| 6&23 eghus ds cPpksaa dks cksry ls nw/k fiykuk |  |
| vkbZ,Q, dk lsou 100++++++fnu |  |
| vkbZ,Q, dk lsou 180++++++fnu |  |
| vkk/kkjHkwr fu/kkZjd |  |
| lk{kj efgyk,a |  |
| 20&24 lky dh egfyk,a ftudk fookg 18 lky dh mez ls igys fd;k x;k |  |
| 15-19 lky dh egfyk,a tks xHkZorh gSa/ ftuds cPpsa gSa |  |
| csgrj LoPN 'kkSpky; lqfo/kk mi;ksx djus okys ifjokj |  |
| csgrj is;ty lzksr okys ifjokj |  |
| ey dk lqjf{kr fuiVku |  |
| ifjokj ftuds ikl chih,y dkMZ gS |  |
| ifjokj ftuds ikl LokLF; chek gS |  |
| igys 1000 fnuksa esa iks"k.k fof'k"V gLr{ksiksa dk dojst |  |
| ifjokj fu;kstu ekax iwfrZ |  |
| vk;ksMhu ;qDr ued |  |
| izloiwoZ ns[kjs[k ¼,,ulh½ igyh frekgh |  |
| 4 ;k 4 ls vf/kd ,,ulh ¼izloiwoZ ns[kjs[k½ |  |
| vkbZ,Q, VSc @ flji feyk |  |
| fVVusl batsD'ku |  |
| d`feuk'kd xksyh feyh |  |
| otu djuk |  |
| izlo dh rS;kjh gsrq ijke'kZ |  |
| Lruiku ijke'kZ |  |
| Ikks"kkgkj@Vh,pvkj |  |
| xHkkZoLFkk iathdj.k |  |
| laLFkkxr tUe |  |
| foÙkh; lgk;rk ¼ts,lokbZ½ |  |
| izf'kf{kr izlo ifjpkjd |  |
| Ekkrkvksa ds fy, izloksÙkj ns[kHkky |  |
| f'k'kqvksa ds fy, izloksÙkj ns[kHkky |  |
| Ikks"kkgkj@Vh,pvkj |  |
| LokLF; vkSj iks"k.k f'k{kk |  |
| iathd`r tUe |  |
| LokLF; tkap ¼vkbZlhMh,l½ |  |
| iw.kZ Vhdkdj.k |  |
| foVkfeu , |  |
| cPpksa ds fy, vkbZ,Q, |  |
| d`feuk'kd xksyh feyh |  |
| ,vkjvkbZ ds fy, ns[kHkky |  |
| nLr ds nkSjku vksvkj,l |  |
| nLr ds nkSjku ftad |  |
| Ikks"kkgkj@Vh,pvkj ¼6&35 eghus½ |  |
| otu djuk |  |
| cky fodkl ij ijke'kZ |  |
| vkaxuokMh dsaUnz esa izhLdwy |  |
| vkaxuokMh dsaUnz ls LokLF; tkap |  |
| xHkkZoLFkk iwoZ vkSj xHkkZoLFkk ds nkSjku |  |
| izlo vkSj izloksÙkj ns[kHkkky |  |
| Ckpiu |  |

* About District Nutrition Profile : ftyk iks"k.k izksQkby ds ckjs esa
* Figure 1: Map highlights district [district name] in the state/UT of [state name]: fp=k 1% ;g uD'kk jkT; (State name in English) ds ftyk ¼District name½ dks n'kkZrk gSSA
* Source: Adapted from Black et al. (2008): lzksr% CySd ,V vy ls vuqdwfyr ¼2008½
  + Source: lzksr%
  + IFPRI estimates - The headcount was calculated as the product of the prevalence and the total eligible projected population for each district in 2019. Projected population (children <5yrs and women 15-49yrs) for 2019 was estimated using Census 2011. . : vkbZ- ,Q- ih vkj- vkbZ- vkdyu % 2019 esas izR;sd ftys ds fy, dqiks"k.k dh O;kidrk vkSj dqy ik=k dh vuqekfur tula[;k ds xq.kk ds #i esa x.kuk dh xbZ FkhA 2019 dh vuqekfur tula[;k ¼ efgyk,as ¼15&49 o"kZ½ ,oa 5 o"kZ ls de vk;q ds cPps½ dk vuqeku yxkus ds fy, 2011 ds tux.kuk dk mi;ksx fd;k FkkA
  + Data on number of pregnant women, live births, and institutional deliveries taken from HMIS for 2019: xHkZorh efgykvksa dh la[;k] thfor tUeksa dh la[;k ,oa laLFkkxr izlo dh la[;k ds vkadMs ,p- ,e- vkb- ,l- ¼2019½ ls fy;s x;s gSaA
* Prevalence estimates taken from NFHS-4 (2015-16) and NFHS-5 (2019-20) state factsheet and report, and district factsheets..: O;kidrk dk vuqeku ,u- ,Q- ,p- ,l- & 4 ¼2015&16½ vkSj ,u- ,Q- ,p- ,l- & 5 jkT; fjiksVZ vkSj jkT; ,oa ftyk rF; iz=kd ¼2019&20½ ls fy;k x;k gsA
  + Citation: Singh. N., P.H. Nguyen, M. Jangid, S.K. Singh, R. Sarwal, N. Bhatia, R. Johnston, W. Joe, and P. Menon. 2022. District Nutrition Profile: Changlang, Arunachal Pradesh. New Delhi, India: International Food Policy Research Institute.: iz'kfLr i=k% flag- ,u] ih- ,p- xq;su] ,e- tkafxM] ,l- d-s flag] vkj- ljoky] ,u- HkkfV;k] vkj- tkWulu] MCY;q- tks] ,oa ih- esuu A 2022A ftyk iks"k.k izksQkby % District name, State name vUrjk"Vªh; [kkn~; uhfr vuqla/kku laLFkku] ubZ fnYyh] HkkjrA
  + Acknowledgement: Financial support was provided by the Bill & Melinda Gates Foundation through POSHAN, led by the International Food Policy Research Institute. We thankAmit Jena (Independent Researcher) for design and programming support: vfHkLohd`fr% vUrjk"Vªh; [kkn~; uhfr vuqla/kku laLFkku ds usr`~Ro esa iks"k.k ds ek/;e ls fcy rFkk fefyaMk xsVl QkWmMs'ku }kjk foRrh; lgk;r iznku dh xbZ FkhA ge vfer tSuk ¼Lora=k 'kks/kdrkZ½ dks fMtkbu vkSj izksxzkfeax ds leZFku ds fy, /kU;okn nsrs gSaA
    - The state of nutrition outcomes among children (<5 years): cPpksa esa iks"k.k ifj.kkeksa dh fLFkfr ¼<5 o"kZ ½
    - The state of nutrition outcomes among women (15-49 years) : efgykvksa esa iks"k.k ifj.kkeksa dh fLFkfr¼15 &49 o"kZ ½
    - Immediate determinants: rRdkfyd fu/kkZjd
    - Underlying determinants: vkk/kkjHkwr fu/kkZjd
    - Trends in coverage of interventions across the first 1,000 days: igys 1000 fnuksa esa iks"k.k fof'k"V gLr{ksiksa dk dojst
    - Burden of nutrition outcomes (2020): iks"k.k ifj.kkeksa dk tula[;k cks> ¼2020½
* Note: NA refers to data is unavailable for a given round of NFHS/ census: uksV% ,u , dk eryc gS ,u ,Q ,p ,@ tux.kuk esa fn, x, nkSj ds fy, MsVk miyC/k ugha gSaA
  + Page number 2, 3 & 4 : i`"B la[;k 2] i`"B la[;k 3 i`"B la[;k 4
  + Page-2: "No. of children (<5 yrs) : 5 o"kZ ls de vk;q ds cPpksa dh la[;k ", "Total children: cPpksa dh dqy la[;k ", "No. of women (15-49 yrs): iztuu vk;q dh efgykvksa dh la[;k ¼15&49 o"kZ½", "Total women (preg)", "Total women: efgykvksa dh dqy la[;k